



Soul School at Grace
The 2011 Lenten Season

Grace Bainbridge

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Growing Together: Lenten gatherings for the whole family **Tuesdays, March 15, 22; April 5, 12 (March 29: Break for Spring Break)**

Yes, the whole family. All of us. Lent really is a special, unique time of year. While we wait for Winter to pass, and trust in the faith of Spring, it makes sense to gather—even huddle—with those who share the road with us. We can create community and connections as we let go of those things that weigh our hearts down so we can be open to the Easter that is yet to come. This year at Grace we are excited to offer opportunities for this season that we hope most every member of our Grace family can connect with. We'll have the chance—young and old, individuals and families—to share a simple meal and good company, deepen our faith, and pray together for new life to enter our world. Again. So join us for four Tuesday nights in Lent. We'll gather at 6 for soup and bread, and then take part in any and all of these offerings beginning at 6:30.

Singing the Psalms

Led by Ann Strickland & Arienne Davison

Chanting the Psalms is a form of inspiration. Setting these ancient, real-life poems to music is a rich tradition, and it can honestly enrich our Spirit. And it can be fun. We'll try single note chanting, Taize chant, and some of the simple—and even artful—Anglican chants. This is for anyone. If you think you can only sing one note, and it's a different note every time. Perfect. Your note is needed!

Out of the Spirit Closet

Where Do You Stand? Led by Kathie McCarthy

It happens to so many of us. Maybe even all of us. Something changes or is realized—and there is decision to “come out.” To let it be known. You know that moment when you realize you believe something different? Different from what you thought you believed; different from what others believe. Here at Grace we assume different people believe different things. And we are free to come out about our truths or to hold them close. For four weeks in Lent we will gently and respectfully be invited to inhabit our internal beliefs. We will be curious together. No experts, no right or wrong. The first week we'll hold our stories close. By the end of the four weeks, some of us will give voice to our stories. All of us will know where we stand.

For Men. Boys. Guys. Dudes

Led by Bill Harper

“The Dude Abides.” Recognize that quote? Starting with the Big Lebowski—the Dude—we'll try to talk about life as fathers, sons, partners, workers, men, and boys. Four specific themes will guide our conversation each of 4 evenings: Father, Son, Spirit and Lover. Yep, all that. We'll also talk about role models, friendships and our temptations to go it alone. It's possible we'll challenge ourselves—while leaving time for laughter, honesty and scratching. This is open to all guys. And boys. Young sons welcome (you know, maybe 13 and up).

Kids Programs Led by Debbie Rimkus

Debbie will be partnering with Grace artist Virginia Davison to offer **kids (age 5+)** an opportunity to create art reflecting on the themes of rebirth and renewal over the four weeks of the Lenten Program.

For Younger Kids (5 & under) Childcare will be offered in the nursery. **For Studios Kids** We will open a room for (mostly) quiet study. We'll have one of our great Grace high schoolers around to help with homework and share community!

Prayer at 7:40pm

We all gather in the Sanctuary for quiet prayer before being sent out into the world.

What If We Really Read the Same Book???



So what will we read? So many choices, but a particular book will be picked up all over Western Washington this Lenten season. Our Bishop, Greg Rickel, is inviting everyone in the Diocese to read most recent, and perhaps most important, new book from Desmond Tutu, co-authored beautifully with his daughter Mpho Tutu. *Made for Goodness* is a short, poetic, honest testament of how two people, both pastors and prophets, both parents and leaders, have found ways to trust human goodness, and God’s grace, in the face of clear human tragedy and darkness. Read more about the book on the publisher’s website. To get a sense of the wonderful flavor of this book— watch the short, lovely video with Bishop Tutu at bcove.me/wh8yyy3u

And how will we do this? Well, first of all—we get the book, to keep or share. Eagle Harbor Books will have multiple copies on hand by Ash Wednesday, and can order more quickly. And Eagle Harbor also provides wonderful links to download the eBook. It’s also available for the Kindle. For details, please contact Eagle Harbor Books at eagleharborbooks.com, 206.842.5332

Once we have the book, Bill Harper and Arienne Davison will begin a “blog” conversation on our new Faith Formation conversation site at: gracesoulschool.org. In addition, Bishop Rickel will also start an online conversation across the Diocese, which can be found at bishopricket.com. Thinking about this makes it clear what a great opportunity this is to learn and grow in community. If “online learning” is new and seems a bit forced; and if commenting on or reading an ongoing “blog” conversation makes you wonder—well, give it a try. This could be well worth the learning experience. And at the very least we get to read a book by one of the great wisdom teachers of a generation.

Critical Praise:

“If you are thirsty for spiritual drink, come to the water of this beautiful book.” — Thomas Cahill, Author Of *How The Irish Saved Civilization And The Gifts Of The Jews*

“Our boss and his daughter remind us here how clearly we are one: I am, because we are. The Tutu family takes us back to that fundamental truth, showing us that at the end of even the very worst day, it’s in our DNA to look out for our brothers and sisters.” — Bono, U2

“As the authors so clearly and beautifully say in this book, ‘anyone can choose to cultivate compassion.’ Thank you Archbishop Tutu for helping us all come back home to our true nature, which is inherently good and whole, and touch the peace that is always there for us.” — Thich Nhat Hanh, Author Of *The Art Of Power And Savor*

“Desmond Tutu has walked the talk all his adult life. We can all be grateful that, together with his daughter Mpho, he has now shared his secrets for why he has so much hope and joy.” — Mary Robinson, Former President Of Ireland

“A crucially important book from the Nobel Peace Prize winner; a witness to our tumultuous times.” — Library Journal

Preview:
*Lent, Holy Week
& Easter Sunday*

Shrove Tuesday/Pancake Supper
Tuesday, March 8, 5:30 pm
All Welcome.

Ash Wednesday Services
Wednesday, March 9, 10:30 am & 7 pm

Palm Sunday
Sunday, April 17, 8 am & 9:30 am

Maundy Thursday
Thursday, April 21, 7 pm

The Watch
Thursday, April 21, 9 pm
through Friday, April 22, Noon

Good Friday
Friday, April 22, Noon & 7pm

Stations of the Cross
Friday, April 22, 4:30 pm

Easter Sunrise
Sunday, April 24, 5:30 am

Easter Sunday
Sunday, April 24, Two Services: 9 am & 11 am