



Pilgrimage Eucharist | Photo: Bill Harper

Grace Episcopal Church

12th Sunday after Pentecost

August 12, 2018 | 8 and 9:30am

Ministers | All of Us

Rector | Wren Blessing

Music | James Rufo-Hill

Tribe | Blackberry

All Bread

*Margaret Atwood from Selected Poems II: Poems Selected and New 1976-1986.
(Toronto: Oxford University Press, 1986)*

All bread is made of wood,
cow dung, packed brown moss,
the bodies of dead animals, the teeth
and backbones, what is left
after the ravens. This dirt
flows through the stems into the grain,
into the arm, nine strokes
of the axe, skin from a tree,
good water which is the first
gift, four hours.

Live burial under a moist cloth,
a silver dish, a row
of white famine bellies
swollen and taut in the oven,
lungfuls of warm breath stopped
in the heat from an old sun.

Good bread has the salt taste
of your hands after nine
strokes of the axe, the salt
taste of your mouth, it smells
of its own small death, of the deaths
before and after.

Lift these ashes
into your mouth, your blood;
to know what you devour
is to consecrate it,
almost. All bread must be broken
so it can be shared. Together
we eat this earth.

A bell rings. We listen to the longing in our hearts. We remain seated.

Gathering Song | Veni Sancte Spiritus

Music: Jacques Berthier | Text: Drawn from Pentecost Sequence; Taizé Community

The musical score is presented in three staves. The top staff is labeled 'Melody' and features a treble clef, a key signature of two sharps (D major), and a 6/8 time signature. The notes are: D4, E4, F#4, G4, A4, B4, C5, D5. The lyrics 'Ve - ni San - cte Spi - ri - tus.' are written below the notes. The middle staff is labeled 'Harmony' and features a treble clef, the same key signature and time signature. It contains chords corresponding to the melody: D4, E4, F#4, G4, A4, B4, C5, D5. The lyrics 'Ve - ni San - cte Spi - ri - tus.' are written below the chords. The bottom staff features a bass clef, the same key signature and time signature, and contains the bass line: D3, E3, F#3, G3, A3, B3, C4, D4. The lyrics 'Ve - ni San - cte Spi - ri - tus.' are written below the notes.

THE LITURGY OF THE WORD

A Call to Worship

After the gathering song, the Celebrant invites us to stand.

Celebrant Open our hearts.

People **New every morning are your mercies.**

Celebrant Set free our voices.

People **New every morning is your song.**

Celebrant Guide our feet.

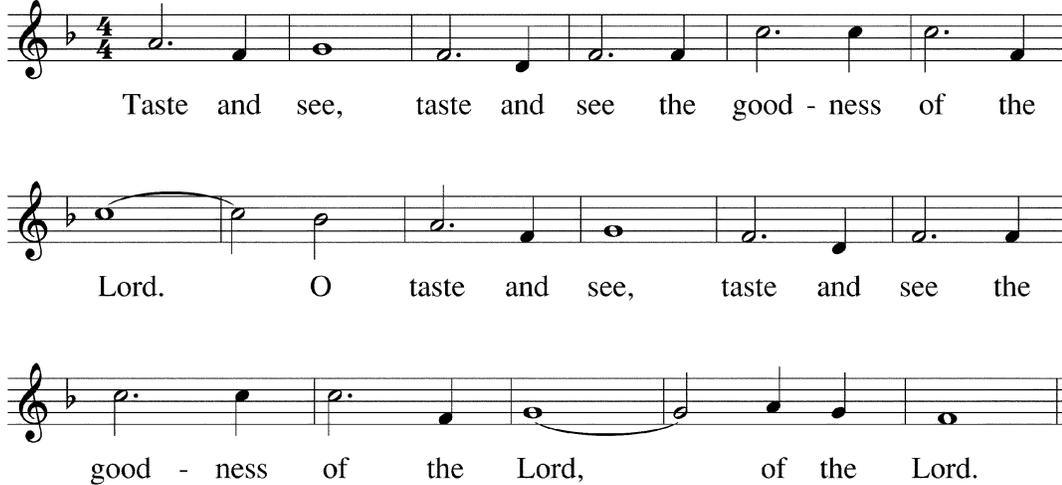
People **New every morning is your faithfulness. Amen.**

We remain standing and sing together.

Opening Song | Taste and See

Text: Psalm 34 | Melody: James E. Moore Jr.

Refrain



Taste and see, taste and see the good - ness of the
Lord. O taste and see, taste and see the
good - ness of the Lord, of the Lord.

Verses



1. I will bless the Lord at all times.
2. Glo - ri - fy the Lord with me.
3. Wor - ship the Lord, all you peo - ple.

Praise shall al - ways be on my lips;
To - geth - er let us all praise God's name.
You'll want for noth - ing if you ask.

my soul shall glo - ry in the Lord
I called the Lord who an - swered me;
7 Taste and see that the Lord is good;

for God has been so good to me.
from all my troub - les I was set free.
in God we need put all our trust.

D.C.

The Collect

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

○ God, you have the power to transform hunger into blessing. We cannot exist without you. Thank you for sustaining our bodies with food, our lives with friendship, our souls with beauty. As we journey and as we rest, open us to taste and see your goodness. Through us, nourish your world. **Amen.**

Adapted from Sam Wells and Abigail Kocher. Eucharistic Prayers. (Grand Rapids: Eerdmans, 2016), 106.

WE TELL THE STORY

We are seated for the reading.

The First Reading | 1 Kings 19:4-8

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

After the reading, the reader will say

The Word of the Lord.

All Thanks be to God.

We stand and say the Psalm responsively.

Psalm | 34:1-8

I will bless the Lord at all times;
The praise of God shall ever be in my mouth.

**I will glory in the Lord;
let the humble hear and rejoice.**

Proclaim with me the greatness of the Lord;
let us exalt God's name together.

**I sought the Lord, who answered me
and delivered me out of all my terror.**

Look upon the Lord and be radiant,
and let not your faces be ashamed.

**I called in my affliction and the Lord heard me
and saved me from all my troubles.**

The angel of the Lord encompasses those who fear the Lord,
and delivers them.

**Taste and see that the Lord is good;
happy are they who trust in God!**

We are seated for the second reading.

The Second Reading | Ephesians 4:25-5:2

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

After the reading, the reader will say

The Word of the Lord.

All Thanks be to God.

We stand together and sing

Gospel Song | Eat This Bread

Text: John 6; adapt. By Robert J. Batastini; Taizé Community | Melody: Jacques Berthier

Eat this bread, drink this wine come to me and nev-er be hun-gry.

The first line of musical notation is in G major (one sharp) and common time (C). It consists of a treble clef staff with a melody and a bass clef staff with a bass line. The lyrics are written below the treble staff.

Eat this bread, drink this wine trust in me and you will not thirst.

The second line of musical notation continues the melody and bass line from the first line. It also consists of a treble clef staff with a melody and a bass clef staff with a bass line. The lyrics are written below the treble staff.

The Celebrant then introduces the Gospel by saying

The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you Lord Christ.**

The Gospel | John 6:35, 41-51

Jesus said, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

Then the Jews began to complain about him because he said, “I am the bread that came down from heaven.” They were saying, “Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I have come down from heaven?’” Jesus answered them, “Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, ‘And they shall all be taught by God.’ Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

After the Gospel the Celebrant will say

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

OUR RESPONSE TO THE STORY

The Homily

Affirmation of Faith

We stand and say

**We believe in God above us,
maker and sustainer of all life,
of sun and moon,
of water and earth,
of all humanity.**

**We believe in God beside us,
Jesus Christ, the Word made flesh,
Born of a woman's womb, servant of the poor.
He was tortured and nailed to a tree.
Knowing full passion and deep sorrow, he died forsaken.
He descended into the earth to the place of death.
On the third day he rose from the tomb.
He ascended into heaven to be everywhere present.
And his Kingdom will one day be known.**

**We believe in God within us,
The Holy Spirit of Pentecostal fire,
Life-giving breath of the Church,
She is the Spirit of healing and forgiveness,
Source of resurrection and of life everlasting. Amen.**

We gather in prayer.

The Prayers of the People

Gathering

Leader "This is the bread that comes down from heaven, so that one may eat of it and not die."

All **We give thanks for the Holy Spirit that moves in, around, and through us.**

We gather silently with deepened breath and intention.

World and Faith Leaders

Leader “Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear.”
God you are the word made flesh, and you call us to live in love. Fill the hearts and mouths of our leaders with words of truth, transformation, and reconciliation.

We pause for prayers to be spoken quietly and in our hearts.

Leader Holy Spirit

All Receive our prayers

Emerging Concerns

Leader “Put away from you all bitterness and wrath and anger, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you.”

○ God, we pray for all who are estranged, alone, or in danger this day. Walk with those who flee terror or who journey far from those they love.

We pause for prayers to be spoken quietly and in our hearts.

Leader Holy Spirit

All Receive our prayers

Prayer Requests

Leader “I sought the Lord, and he answered me and delivered me out of all my terror.”
We offer prayers for those on our prayer list and those we carry in our hearts.

We pause for prayers to be spoken quietly and in our hearts.

Leader Holy Spirit

All Receive our prayers

Gratitude

Leader “I will bless the Lord at all times; praise shall ever be in my mouth.”
We give thanks for being alive and for the movement of the Holy Spirit.

We pause for prayers to be spoken quietly and in our hearts.

Leader Holy Spirit

All Receive our prayers

Closing

Leader "I am the living bread that came down from heaven. Whoever eats of this bread will live forever."

All **O God, immerse us in your inspiring love, draw us to reach out to those in need, and open our hearts to hope.**

The Peace

We conclude these prayers with the sharing of God's peace.

Celebrant We turn to one another with outstretched arms, saying: the peace of the Lord be always with you.

People **And also with you.**

After the peace, we are seated.

Offertory Song | Lifeboy by Anastasio/Marshall

Offered by James Rufo-Hill

THE CELEBRATION OF OUR SACRED MEAL

The people are invited to stand. The Celebrant faces them and says

The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Then, facing the Table, the Celebrant continues

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon and stars; earth, wind and waters; and every living thing. You made us in your image and taught us to walk in your ways. But we rebelled against you, and wandered far away. And yet, as a mother cares for her children, you would not forget us.

Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity lifting our voices to you as we sing:

Ho - ly, ho - ly, ho - ly, My heart, my heart a - dores you. My
 San - to, san - to, san - to, Mi cor - a - zon te/a - dor - a. Mi
 Ho - ly, ho - ly, ho - ly, My heart, my heart a - dores you. My

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heart is glad to say the words: You are ho - ly Lord.
 cor - a - zon te sa - be de - cir: san - to/e - res Se - nor.
 heart is glad to say the words: You are ho - ly Lord.

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus, the holy child of God.

Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love.

Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine. Again he gave thanks to you, gave it to them and said: “Drink this, all of you. And whenever you drink it, do this for the remembrance of me.”

Now, gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your saints from every tribe and language and people and nation, to feast at the banquet of the world.

All this we ask through Jesus Christ. By him and with him and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and forever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

for ever and ever. Amen.

The Breaking of the Bread

We are now invited to share the gifts of Communion.

Celebrant Alleluia! Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast! Alleluia!**

Celebrant The Gifts of God for the People of God.

Please know that at Grace Church all are invited to receive the bread and wine. This sacrament is God's free gift. Assist the Chalice Bearers by tipping the cup from the base. Please tell your server if you prefer a wafer that is free from gluten, soy, and dairy.

Music during Communion | Wait for the Lord

Text: Isaiah 40, Philippians 4, Matthew 6:33, 7:7; Taizé Community | Melody: Jacques Berthier

The musical score is written for voice and piano. It consists of two systems of music. The first system has a vocal line and a piano accompaniment. The vocal line starts with a treble clef, a key signature of one sharp (F#), and a common time signature. The lyrics are: "Wait for the Lord, whose day is near." The piano accompaniment starts with a bass clef, the same key signature, and common time. The second system also has a vocal line and a piano accompaniment. The vocal line continues with the lyrics: "Wait for the Lord: be strong, take heart!" The piano accompaniment continues with the same key signature and time signature. The score ends with a double bar line and repeat dots.

O Lord Hear My Prayer

Text: Psalm 102; Taizé Community | Melody: Jacques Berthier

O Lord, hear my prayer, O Lord, hear my prayer:
when I call an - swer me. O Lord, hear my prayer, O
Lord, hear my prayer. Come and lis - ten to me. O

The musical score is written for voice and piano. It consists of three systems of music. Each system has a vocal line in the treble clef and a piano accompaniment in the bass clef. The key signature is one sharp (F#) and the time signature is common time (C). The lyrics are: "O Lord, hear my prayer, O Lord, hear my prayer: when I call an - swer me. O Lord, hear my prayer, O Lord, hear my prayer. Come and lis - ten to me. O".

*Following Communion we share silence with one another.
The quiet will last a few minutes and will begin and end with a bell.*

Song after Communion | Stay with Me

by Jacques Berthier

Stay with me, re - main here with me, watch and
pray, watch and pray.

The musical score is written for voice and piano. It consists of two systems of music. Each system has a vocal line in the treble clef and a piano accompaniment in the bass clef. The key signature is one flat (Bb) and the time signature is 4/4. The lyrics are: "Stay with me, re - main here with me, watch and pray, watch and pray." The piano accompaniment features a steady bass line and chords that support the vocal melody.

GOING OUT INTO GOD'S WORLD

Our Prayer after Communion

We stand and say together

**Eternal God,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you with gladness and singleness of heart;
through Christ our Lord. Amen.**

The Blessing

The celebrant offers a blessing.

The Triune One guide your steps, give you courage to live in love, and open you to taste and see God's goodness day by day. And the grace of our Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be upon you and remain with you always. **Amen**

Closing Song | Let Your Servant Now Go in Peace

Taizé Community

The musical score is written in 3/4 time with a key signature of one sharp (F#). It consists of three systems of music. The first system includes a vocal line with lyrics: "Nunc di - mit - tis ser - vum tu - um Do - mi - ne, se -
Let your ser - vant now - go in peace, O Lord, now -". Below the vocal line is a bass line with lyrics: "ne, Do - mi - ne,
Lord, O Lord,". The second system is a piano accompaniment. The third system includes a vocal line with lyrics: "cun - dum ver - bum tu - um in - pa - ce, Nunc di -
go in peace ac - cord - ing to your word, Let your". Below the vocal line is a bass line with lyrics: "(Do - mi - ne.)
(to your word.)". There are three "Last time" markings above the vocal line in the third system.

Birthday and Anniversaries

Announcements

Dismissal

Celebrant Go in peace to love and serve the Lord.

People Thanks be to God. **Alleluia! Alleluia! Alleluia!**